

Sgeulachd

story

P: ski-a-lachg

Ath-bhuannachd *Reclaiming

P: ath vu-an-achg

Duine-mara

maighdeann-mhara

Man/woman of the sea

P: doonya / moyjen vara

The **story** is set in the 2030s and supernatural beings are now living in modern society alongside humans. A group of Scottish Gaelic supernatural beings have set up a 12 step Recovery group while trying to adapt to modern life. Some of them remain hidden in the shadows, pretending to be human while others are very open about their identity. The story revolves around the racism and discrimination they face in modern society while trying to fit in.

The main character is a **Selkie** named Samuel who is trying to find meaning in living in a very human world. He has a kind of romanticism and yearning about being back in the sea but his second wife who left him in the year 2000 took his seal skin so he is stuck living on dry land. He is currently living with his Mother and has 3 children, he has visiting rights. **Seal: ròn**

A Storm Kelpie **Each-Uisge (p:ECH OOSHKAY)** called George (**Seòras**) who is one of the Blue Men of Minch. He has issues with his colour and faces a lot of racism in day to day society because unlike other supernatural beings he cannot hide his colour and faces discrimination daily. He works as a poet and has anger issues. He is in a “mixed marriage”, being married to another Kelpie – she often comes to the meeting as a completely different person since she can shapeshift, but is recognised by her hoofs.

Bean-Nighe (p:Ben nea) – Her name is Màiri (nicknamed Jessica Fletcher because people die whenever she is around) everyone is scared of her when she attends the meeting. She is generally the negative one in the group. She loves to take care of the rooms, particularly after the meeting where she washes the floor and table cloths and is responsible for the coffee.

ùraisg (P:oorishg) Brownie couple **Anna and Iain** - who always carry the world on their shoulders. They work for a gay couple living in a castle in the Highlands. They both spent 10 years in jail while pretending to be human at a time when it was illegal. She was a very famous Ballet dancer in the 1970s and has a sense of grandeur about her. They tend not to mix well with the others and are very bitter about their role in society. They always bring milk for the coffee.

There is a half **mermaid** half human who has substance abuse issues.

There are two humans who support the group who come to observe when “open” meetings are taking place, **Catherine (Catriona)** and **Edgar (Èigeir)**. They are very “pro being” which makes them unique. Their children are all married to fairies and shapeshifters.

Dè an t-ainm a th' air an duine-mara?

Pronunciation: /dʲeː ən ˈt̪ʲənəm ə hæ ɛrʲ ən ˈd̪ʲʲnə ˈmarə/

Maighdeann-mhara (mermaid):

Dè an t-ainm a th' air a' mhaighdeann-mhara?

Pronunciation: /dʲeː ən ˈt̪ʲənəm ə hæ ɛrʲ ə ˈvajtʲən ˈvarə/

Se ainm.....a th' oirre

Se a th' air

Dè na h-ainmean a th' orra?

Se na h-ainmean aca.....

Cia mhead duine a tha anns an sgeulachd? (P:kay miad)

1. Aon

Pronunciation: /u:n/

Sounds like: "oon" with a long "oo" sound.

2. A dhà

Pronunciation: /ə ɣa:/

Sounds like: "uh ghaah" (soft "gh" like a gargle sound).

3. A trì

Pronunciation: /ə tr̥i:/

Sounds like: "uh tree" (with a rolled "r").

4. A ceithir

Pronunciation: /ə kie.ɾi:/

Sounds like: "uh kye-heer" (soft "ky" sound).

5. A còig

Pronunciation: /ə kɔ:g/

Sounds like: "uh koyg" (with a soft "koy").

6. A sia

Pronunciation: /ə fʲiə/

Sounds like: "uh shee-uh" (soft "sh" sound).

7. A seachd

Pronunciation: /ə ʃɛxk/

Sounds like: "uh shechk" (guttural "ch" like in *loch*).

8. A h-ochd

Pronunciation: /ə hɔxk/

Sounds like: "uh hock" (with a guttural "ch" like in *loch*).

9. A naoi

Pronunciation: /ə nwi:/

Sounds like: "uh noo-ee" (with a rounded "oo").

10. A deich

Pronunciation: /ə dʲɛx/

Sounds like: "uh jeych" (soft "j" and guttural "ch" like in *loch*)

Describing Samuel.

Tha Samuel **na ch**leasaiche (**tha Samuel na chle sic a**) – he is an actor

Tha e brònach – he is sad

Tha e **na dh**uine mara

Samuel Speaks at the Recovery Meeting

Halò, is mise Sàmuel.

(Hello, my name is Samuel.)

Tha mi toilichte a bhith an seo. Tha mi gu math an-diugh.

(I am happy to be here. I am well today.)

Bha an t-sìde fuar agus fliuch **an-dè**, ach tha i grianach an-diugh.

(The weather was cold and wet yesterday, but it is sunny today.)

Air an **deireadh-sheachdain**, (**P: jerech shachgìn**) chaidh mi don tràigh **còmhla (colag)** ris a' **chlann** (*chlown*). Is toil leam (*is tohl lum*) an tràigh gu mòr!

(At the weekend, I went to the beach with the kids. I love the beach so much!)

Bha e àlainn (*alinn*) agus ciùin (*queue-an*).

(it was beautiful and calm)

Tapadh leibh airson èisteachd.

(Thank you for listening.)

Leabhar mòr aca (**lyor mor ach-ka**)

Màiri / Bean Nighe:

"Halò, ciamar a tha thu?"

(Hello, how are you?)

Màiri / An Duine Mara:

"Tha mi gu math... ach chan eil mo **ch**òta agam."

(I'm good... but I don't have my coat.)

Màiri / Bean Nighe:

"Cò tha **aige** air?"

(Who has it?)

Male (**P: eh-ke**) Female **Aice** (**P: ehch-ke**)

Sam / An Duine Mara:

"Mo **bh**ean. Ciamar a tha thu fhèin?"

(My wife. How are you yourself?)

Màiri / Bean Nighe:

"Tha mi ceart gu leòr. Tha mi a' dol **dh**achaigh airson an nighe a **dh**èanamh - Tha cairt Nollaige agam **dhut**" (fine. I am going home to do the washing – here is your Christmas card.) An Leabhar Mòr na Sìthe

An Leabhar Mòr na Sìthe

Welcome, everyone, to this week's meeting of **Ath-bhuannachd**, a recovery and support group for navigating life and love alongside our human friends. My name is **Seòras** and I'll be chairing today's meeting.

Here, we gather as a community to share our experiences, challenges, and triumphs as we walk the unique path of blending our magical worlds with the human one. This is a space for connection, understanding, and growth.

Let us begin by saying our Intention from **An Leabhar Mòr na Sìthe**

**"Ancient Light that bridges realms,
May our bonds transcend the earthly,
Our stories weave magic into the mundane
and our hearts remain open, as we share". So let it be"**

Who is ready for our first share?
(Màiri raises her hand)

P:carijan **P:jail** **P:fooimnyuch**

Halò, a **charaidean**. Chan eil mi dèidheil air Nollaig. Tha i cho fuaimneach agus **làn solais**. Tha mi ag iarraidh sìth anns na beanntan, ach tha Nollaig ro làidir.

Hello, friends. I do not like Christmas. It is so noisy and full of lights. I want peace in the mountains, but Christmas is too overwhelming.

Sam's Share

Is mise Sam. Tha mi a' fuireach ann am taigh-solais. An deireadh-sheachdain seo, bha mi a' coimhead air mo chlann a' snàmh anns a' mhuir. Tha mi ag iarraidh tilleadh. Bha mi a' bruidhinn ri mo phàrantan air Skype. Tha iad airson faighinn a-mach cuin a thilleas mi.

My name is Sam and I live in a lighthouse. This weekend, I watched my children swimming in the sea. I really want to return. I was speaking with my parents on skype They want to know when I will return.